

Willow Time Trial – Event Guidelines

Course clockwise and open to traffic. Ride with caution at all times. **RIDE TO THE FAR RIGHT** except when passing. **NEVER CROSS THE CENTERLINE UNDER ANY CIRCUMSTANCE. This is a 6 lap race. Ride outside left of the timing chute on the first 5 laps. Ride right through the timing chute on the 6th lap.** Warm up on the parking lot or bike path. Do not ride on the park road during the event.

Numbers must be worn sideways on the right side of the body and readable from the right side of the road. ANSI/Snell approved helmet is required. 6 laps required; no time allowance for less or more than 6 laps.

Riders are responsible for being at the start line on time. Riders who miss their start time will be given at the discretion of race officials the following options:

- 1) Continue with the original assigned start time. Rider will start late and have a time penalty.
- 2) Receive a new assigned start time. Rider will receive an accurate time, won't appear in the results/standings. In the timing notes, rider elapsed time will appear based on new start time.

The timers will only accept a revised start time affecting results/standings from the chief referee in case of a starting line mishap, or from the event promoter in case of an event mishap.

All USACycling rules apply. No drafting at any time. **3E6. Rider Conduct:**

- **On an out-and-back course, riders shall stay to the right of the centerline at all times [disqualification].**
- **No rider shall take pace behind another rider closer than 25 meters (80 feet) ahead or 2 meters (7 feet) to the side. [A rider who is observed taking pace shall receive a time penalty as specified in Table 1].**
- **No two riders may ride abreast other than when attempting to pass and such attempts shall not be maintained beyond a distance of 500 meters. An attempt to pass may be repeated an unlimited number of times but each time a challenging rider fails in his attempt, he shall drop back to 25 meters behind the challenged rider before renewing his attempt.**

PROTEST PERIOD. Results posted after riders have completed. 15 minute protest period after the final rider completes. Riders may question any results with the USACycling Chief Referee. After that the results will be considered **FINAL** and the award ceremony will begin. No changes will be made to results after the protest period ends. Rider responsibility to validate finish times prior to leaving the event. Exactly 6 laps must be ridden. No time reported for more or less than 6 laps.

AWARDS. Award ceremony immediately after the protest period. 1st place finisher in each category receives a prize. Medals to top 3 finishers in each category. Prizes to overall fastest male and female on regulation single bikes. Prizes and medals given out only during the award ceremony at event the conclusion, at no time prior. Prizes and medals will not be mailed afterwards. Results will be posted at www.fredericjames.com/events.

EDDY MERCKS GUIDELINES:

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| No skin suit | No aero helmet, no helmet cover |
| No aero shoes, no shoe covers | No aero handlebars |
| No aero bike frames | No frame tube can be elongated more than a 2 to 1 ratio |
| No wheels with a rim over 30mm deep | |



Typical USA Number Placement

<= NUMBER PLACEMENT

IN AN EMERGENCY CALL THE PARK OFFICE AT 1-734-697-9181. They will answer immediately.